THIS PATIENT PACKET IS REQUIRED EVERY YEAR FOR PRIVATE/COMMERCIAL INSURANCE AND EVERY TWO YEARS FOR MEDICARE. DUE TO RECENT CHANGES WITH HIPPA, (HEALTH INSURANCE PORTABILITY ACT), YOU CAN NO LONGER PUT, "UNCHANGED, SAME, OR NO YOU MUST FILL THE PACKET OUT COMPLETELEY, LEAVING NO BLANK SPACES, OR YOUR PATIENT PACKET WILL BE REJECTED.

| PATIENT INFORMATION (PLEASE PRINT)                       |                       | TODAY'S DATE |                |     |
|----------------------------------------------------------|-----------------------|--------------|----------------|-----|
| Name                                                     |                       |              |                |     |
| Last                                                     | First                 | 1            | Middle Initial |     |
| AddressNumber & Street                                   | City & State          |              |                | Zip |
|                                                          | •                     |              |                | •   |
| Phone<br>Home)                                           | (Cell)                |              |                |     |
| Vork Phone                                               |                       |              |                |     |
| ocial Security #                                         |                       |              |                |     |
| How would you like to be contacted? Email                |                       | Phone Mail_  |                |     |
| Date of BirthMarital S                                   | tatusAge              |              |                |     |
| Race: Ethnicity: Hispanic                                | Non Hispanic          |              |                |     |
| Occupation:                                              |                       |              |                |     |
| Employer:                                                |                       |              |                |     |
| Name of Preferred Pharmacy                               |                       |              |                |     |
| SPOUSE: DATE OF BIRTH:                                   |                       |              |                |     |
| NAME                                                     |                       |              |                |     |
| Social Security                                          |                       |              |                |     |
| Occupation                                               |                       |              |                |     |
| Telephone                                                |                       |              |                |     |
| Responsible party or insured:                            |                       |              |                |     |
| NAME                                                     |                       |              |                |     |
| Last                                                     | First                 |              | date of birth  |     |
| ADDRESS                                                  | Ct. 0 Ct.             |              |                |     |
| Number & Street                                          | City & State          |              | Zip            |     |
| PHONE                                                    | SOCIAL SECURITY       | Y            | RELATIONSHIP   |     |
| AUTHORIZATION TO RELEASE INFORMATION                     |                       |              |                |     |
| authorize the release of medical information necessary t | to process insurance. |              |                |     |
| SIGNATURE_                                               |                       |              |                |     |

### AUTHORIZATION TO PAY BENEFITS TO PHYSICIAN

I authorize payment of medical and surgical benefits to include major medical to Mary Gail Miesch, M.D. for services rendered. I understand I am financially responsible to the physician for charges not covered by insurance.

| Name                                                                                                                            | Date |
|---------------------------------------------------------------------------------------------------------------------------------|------|
| What is the purpose of your visit?                                                                                              |      |
| Who is your primary care physician?                                                                                             |      |
| MEDICAL HISTOR                                                                                                                  | v    |
| GYNECOLOGY REVIEW                                                                                                               | 1    |
| Date last period began                                                                                                          |      |
| Birth Control Method                                                                                                            |      |
| Do you smoke cigarettes?NoYesHow many packs per do Do you exercise regularlyNoYes Have you ever had an abnormal pap smear?NoYes | ay?  |
| Date of last: Pap smear                                                                                                         | _    |
| DEXA                                                                                                                            |      |
| Periods  How often do you have your period?  How many days do you flow?  How many pads/tampons do you use on heaviest days?     |      |
| Obstetrical History Please list all pregnancies, miscarriages, terminations: Date Length of Pregnancy D&C Vaginal Caesarean     | _    |
|                                                                                                                                 |      |
|                                                                                                                                 |      |
| Past Medical History Have you ever been treated for any of the following?                                                       |      |
| If yes, indicate date and treatment beside each:                                                                                |      |
| Mitral valve prolapseYesNo<br>Heart disease Yes No                                                                              |      |
| Kidney disease Yes No                                                                                                           |      |
| Anemia Yes No                                                                                                                   |      |
| Hepatitis Yes No                                                                                                                |      |
| Thyroid diseaseYesNo                                                                                                            |      |
| Migraine headachesYesNo                                                                                                         |      |
| AsthmaYesNo                                                                                                                     |      |
| Blood clots (Legs)YesNo                                                                                                         |      |
| Blood Clots (Lungs)  Yes No                                                                                                     |      |
| High blood pressure YesNo                                                                                                       |      |
| DiabetesYesNo<br>StrokeYesNo                                                                                                    |      |
| Personal history of cancer Yes No                                                                                               |      |
| 1 Croomar motory or cancer1CS1NO                                                                                                |      |

| Surgeries                         |                       |                       |                          |                                       |
|-----------------------------------|-----------------------|-----------------------|--------------------------|---------------------------------------|
| Date                              | Hospital              | Operation             | Transfusion              | Duration of Stay                      |
|                                   |                       |                       |                          |                                       |
|                                   |                       |                       |                          |                                       |
|                                   |                       |                       |                          |                                       |
|                                   |                       |                       |                          |                                       |
| Family Histo                      | nrv                   |                       |                          |                                       |
| I uning Inst                      | Age                   | Specific A            | Ailments If decease      | d cause of death and age              |
| Mother                            | _                     | <b>.</b>              |                          | S                                     |
|                                   |                       |                       |                          |                                       |
|                                   |                       |                       |                          |                                       |
| Canton                            |                       |                       |                          |                                       |
|                                   |                       |                       |                          |                                       |
|                                   |                       |                       |                          |                                       |
|                                   | list name of drug     | drugs or medication?  | YesNo                    |                                       |
| ii yes picase                     | nst name of drug      | and reaction.         |                          |                                       |
| Please list m                     | edications includ     | ling strength and how | often you take them. Ple | ase include over the counter medicati |
|                                   |                       |                       |                          |                                       |
|                                   |                       |                       |                          |                                       |
|                                   |                       |                       |                          |                                       |
|                                   |                       |                       |                          |                                       |
|                                   |                       |                       |                          |                                       |
|                                   |                       |                       |                          |                                       |
|                                   |                       |                       |                          |                                       |
| D : C .                           | DI 1 1                | 1 1                   |                          |                                       |
| Review of system                  | ms: Please check yes, | no or unchanged.      |                          |                                       |
|                                   |                       | Yes                   | No                       |                                       |
| Constitutional                    |                       |                       |                          |                                       |
| Weight loss                       |                       |                       |                          |                                       |
| Weight gain                       |                       |                       |                          |                                       |
| Fever                             |                       |                       |                          |                                       |
| Fatigue                           |                       |                       |                          |                                       |
| Genitourinary                     |                       |                       |                          |                                       |
| Blood in urine                    |                       |                       |                          |                                       |
| Pain with urinati                 | ion                   |                       | <del></del>              |                                       |
| Urgency                           |                       |                       |                          |                                       |
| Incomplete empt                   |                       |                       |                          |                                       |
| Stress incontiner                 |                       |                       |                          |                                       |
| Abnormal period                   |                       |                       |                          |                                       |
| Painful intercour                 |                       |                       |                          |                                       |
| Fecal incontinen                  | ice                   |                       |                          |                                       |
| Skin/Breast                       |                       |                       |                          |                                       |
| Pain in breast                    |                       |                       |                          |                                       |
| Discharge                         |                       |                       |                          |                                       |
| Masses                            |                       |                       |                          |                                       |
| Rash                              |                       |                       |                          |                                       |
| Ulcers                            |                       |                       |                          |                                       |
| TT:-4                             | d aniah maai .        |                       |                          |                                       |
| History reviewed<br>PHYSICIAN'S S |                       |                       |                          |                                       |
| PHYSICIAN'S                       | SIGNALUKE:            |                       |                          |                                       |

### APPOINTMENT CANCELLATION POLICY

Your appointment is reserved especially for you. Should you need to cancel or change the date of your appointment, we require a notice of at least two business days as a courtesy to other patients seeking appointments. If less than two business days notice is given or if you miss an appointment, then a late cancellation fee or missed appointment fee of \$50 will be applied to your account. This amount must be paid before you will be given another appointment.

### How to cancel your appointment:

To cancel appointments, please call 903-784-1141. If you do not reach the receptionist, you may leave a detailed message on the voice mail. If you would like to reschedule your appointment, please be sure to leave us your phone number and let us know the best time to return your call.

## **No-show Policy**

A "no-show" is someone who misses an appointment without canceling it in an adequate manner. A failure to present at the time of a scheduled appointment will be recorded as a "no-show" and a fee of \$50 will be billed to your account. This amount must be paid before you will be given another appointment.

| By signing below, you acknowledge the FACOG. | you have read and understand the Cancellation Policy for Mary Gail Miesch | ı, MD, |
|----------------------------------------------|---------------------------------------------------------------------------|--------|
| Printed Name                                 | Signature                                                                 |        |
| Date                                         |                                                                           |        |

#### PATIENT CONSENT FOR USE AND DISCLOSURE OF PROTECTED HEALTH INORMATION

With my consent Dr. Mary Gail Miesch may use and disclose protected health information (PIH) about me to carry out treatment, payment and healthcare operations (TPO). Please refer to Dr. Mary Gail Miesch's Notice of Privacy Practices for a more complete description of such uses and disclosures.

I have the right to review the Notice of Privacy Practices prior to signing this consent. Dr. Mary Gail Miesch reserves the right to revise her Notice of Privacy Practices at any time. A revised Notice of Privacy Practices may be obtained by forwarding a written request to Dr. Mary Gail Miesch Privacy Officer at 945 S. Collegiate Paris, Texas 75460.

With my consent, Dr. Mary Gail Miesch may call my home or other designated location and leave a message on voice mail or in person in reference to any item that assists the practice in carrying out TPO, such as appointment reminders, insurance items, and any call pertaining to my clinical care, including laboratory results among others.

With my consent Dr. Mary Gail Miesch, MD, FACOG may mail to my home or other designated location any items that assist the practice in carrying out TPO such as appointment reminder cards and patient statement. I have the right to request that Dr. Mary Gail Miesch, MD, FACOG restrict how she uses or discloses my PHI to carry out TPO; however, the practice is not required to agree to my requested restrictions, but, if it does, it is bound by this agreement.

By signing this form I am consenting to Dr. Mary Gail Miesch, MD's use and disclosure of my PHI to carry out TPO. I may revoke my consent in writing except to the extent that the practice has already made disclosures in reliance upon my prior consent. If I do not sign this consent, Dr. Mary Gail Miesch, MD, FACOG may decline to provide treatment to me,.

| Signature of Patient or Legal Guardian |      |  |
|----------------------------------------|------|--|
| Patient's Name                         | Date |  |
| Tatient 3 Name                         | Bate |  |

Print Name of Patient or Legal Guardian

# MARY GAIL MIESCH, M.D., F.A.C.O.G. 945 SOUTH COLLEGIATE PARIS, TEXAS 75460 903-784-1141

# PATIENT AUTHORIZATION FOR DISCLOSURE OF PROTECTED INFORMATION

This authorization permits Mary Gail Miesch, MD, FACOG to use and/or disclose the following individually identifiable health information about me up to and including appointment dates and times, lab results, physical exam results, treatment options, procedures performed, any information that was disclosed on my medical history form, and financial obligations. This means <u>any name</u> you place on this disclosure form will be entitled to all of your health care record information whether personal or financial. Please carefully consider each and every name you place on this form. By signing this authorization I authorize Dr. Mary Gail Miesch to use and/or disclose certain protected health information (PHI) about me to:

| 1                                       | Relationship               |                             |
|-----------------------------------------|----------------------------|-----------------------------|
|                                         |                            | (telephone number)          |
| 2                                       | Relationship               |                             |
|                                         |                            | (telephone number)          |
| 3                                       | Relationship               | ( 1 1 1 )                   |
| 4                                       | D -1-411.1                 | (telephone number)          |
| 4                                       | Relationship               | (telephone number)          |
| 5                                       | Relationship               | (telephone number)          |
| J                                       | Kelationship               | (telephone number)          |
|                                         |                            | · •                         |
|                                         |                            |                             |
|                                         |                            |                             |
|                                         |                            |                             |
|                                         |                            |                             |
| This authorization will expire 365 days | from data signed unless of | arryiga statad              |
| This authorization will expire 303 days | from date signed unless on | ici wisc stated.            |
|                                         |                            |                             |
| Signature of Patient/Legal Guardian     | Relationship to Patien     | <u></u>                     |
| Signature of Lattern Legal Guardian     | Relationship to I atten    | it.                         |
|                                         |                            |                             |
|                                         |                            |                             |
| Patient's DOB                           | Datientle Casial Casum     | ity Nyamban                 |
| Patient's DOB                           | Patient's Social Secur     | ity Number                  |
|                                         |                            |                             |
| Print Name of Patient                   | Date (expiration date      | is one year after signature |
| I mit ivanic of i aticit                | Unless otherwise indi      | •                           |
|                                         | Offices offici wise indi   | caicu. j                    |

### What is an annual exam?

An annual exam is a once a year visit to your gynecologist for a general health check, including a breast exam and pap smear. A gynecologist is a specialist/surgeon who does not take care of your primary health care. An annual exam visit does not include discussion of new problems or detailed review of chronic conditions. The purpose of the personal/medical history form is to help Dr. Miesch completely accomplish the requirements of your annual exam.

Examples of problems <u>not</u> covered at a routine annual include:

- 1. A list of concerns or questions
- 2. New health care concerns or problems found at the time of your annual exam
- 3. Ongoing health problems that need more attention or any health problem <u>not</u> related to gynecology.

### What should I expect during my annual exam?

- 1. General physical exam (including breast exam)
- 2. Pelvic exam (Pap smear)
- 3. Update of family health history (any new serious illnesses in your family?)
- 4. Review of your health history
- 5. Update of current medications, herbs, and supplements (Bring list)
- 6. Need for medication refills
- 7. Evaluation of need for health screening tests based on age and personal and family history (such as mammogram, test for sexually transmitted diseases, and bone density screening)

Problems addressed at the time of the well woman/annual exam are <u>not</u> services covered by well woman copays alone and require a second copay according to the individual insurance carrier.

| Your signature below indicates you have read                      | the above and understand.                                                                                                                                                                                                        |
|-------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| DateSignature                                                     |                                                                                                                                                                                                                                  |
| period of thirty days with five refills which                     | partment of Health, I will fill Schedule 3 and Schedule 4 drugs for a will equal six months. If you need one of these drugs for a longer period e for refill authorization. Please call and make that appointment before ugs is: |
| Ambien (Zolpidem)                                                 | Clonopin or Klonopin (Clonazepam)                                                                                                                                                                                                |
| Fiorinal (Butalbital)                                             | Xanax (Alprazolam)                                                                                                                                                                                                               |
| Lunesta                                                           | Ultram (Tramadol)                                                                                                                                                                                                                |
|                                                                   | Restoril (Temazepam)                                                                                                                                                                                                             |
| Testosterone – injectable, topical, or oral                       | Valium (diazepam)                                                                                                                                                                                                                |
| (This includes Estratest and generic equivalents such as Syntest) | Phentermine                                                                                                                                                                                                                      |
| Your signature below indicates you ha                             | eve read the above and understand.                                                                                                                                                                                               |
| Signature                                                         | Date                                                                                                                                                                                                                             |

### ATTENTION: AETNA, CIGNA, AND UNITED HEALTHCARE POLICY HOLDERS!

Annal/Well Woman Exam:

If you are having your "annual" or "Well Woman Exam" today, the visit by definition may include the following if indicated:

Breast Exam Pelvic Exam Pap Smear

Rectal Exam if Requested By Patient
Review of Health History
Refills for Current Medication Prescribed to You by Dr. Miesch

If you want to discuss any other medical or social issues not related to a Well Woman Exam/Pap Smear, want/need NEW prescriptions, a separate appointment will need to be made. Due to the policy guidelines set forth by Aetna, Cigna, and United Healthcare, an annual or well woman exam will not be covered on the same date as a problem orientated visit. The issues mentioned below are examples of problems/issues that ARE NOT included in the Annual/Well Woman Exam:

Hormone Issues Bladder Issues Depression Fatigue & Malaise (Consult PCP) Anxiety Pelvic Pain Insomnia Low Sex Drive Thyroid Issues Painful Intercourse Irregular Bleeding/irregular cycles Infertility We apologize for any inconvenience this may cause. Please indicate below by checking the appropriate visit that applies to you: Annual/Well Woman Exam **Problem Oriented Visit** Please inform us if a separate appointment needs to be made, as scheduled appointment times do not allow for both. Thank you for your cooperation. Patient Signature Date